

中國醫藥大學 健康照護學院營養學系 必修畢業學分認定表 113 學年度入學適用
China Medical University Department of Nutrition Requirement for Undergraduate Majors (Applicable for 2024-2025 Enrollees)

科目名稱 Course Title	修別 Type	學分 Credits	一年級 Freshman		二年級 Sophomore		三年級 Junior		四年級 Senior		課程分類 Category	備註 Remarks
			上	下	上	下	上	下	上	下		
			1	2	1	2	1	2	1	2		
食物學原理(Principles of foods)	必(R)	2.0	2.0								系定必修(Departmental Required Courses)	
食物學原理實驗(Principles of foods laboratory)	必(R)	1.0	1.0								系定必修(Departmental Required Courses)	
普通化學(C)(General chemistry (C))	必(R)	2.0	2.0								系定必修(Departmental Required Courses)	
生物學(C)(Biology(C))	必(R)	2.0		2.0							系定必修(Departmental Required Courses)	
有機化學(A)(Organic chemistry (A))	必(R)	2.0		2.0							系定必修(Departmental Required Courses)	
營養學(一)(Nutrition (I))	必(R)	2.0		2.0							系定必修(Departmental Required Courses)	
中醫學概論(A)(Introduction to Chinese medicine (A))	必(R)	2.0			2.0						系定必修(Departmental Required Courses)	
生物化學(B-1)(Biochemistry(B-1))	必(R)	2.0			2.0						系定必修(Departmental Required Courses)	
生物化學實驗(A-1)(Biochemistry laboratory (A-1))	必(R)	1.0			1.0						系定必修(Departmental Required Courses)	
生物統計學(Biostatistics)	必(R)	2.0			2.0						系定必修(Departmental Required Courses)	
生理學(C)(Physiology (C))	必(R)	3.0			3.0						系定必修(Departmental Required Courses)	
營養學(二)(Nutrition (II))	必(R)	2.0			2.0						系定必修(Departmental Required Courses)	
營養學實驗(Nutrition laboratory)	必(R)	1.0			1.0						系定必修(Departmental Required Courses)	
中藥概論(Introduction to Chinese drugs)	必(R)	2.0				2.0					系定必修(Departmental Required Courses)	
分析化學(B)(Analytical chemistry (B))	必(R)	2.0				2.0					系定必修(Departmental Required Courses)	
分析化學實驗(A)(Analytical chemistry laboratory (A))	必(R)	1.0				1.0					系定必修(Departmental Required Courses)	
生物化學(B-2)(Biochemistry(B-2))	必(R)	2.0				2.0					系定必修(Departmental Required Courses)	
生物化學實驗(A-2)(Biochemistry laboratory (A-2))	必(R)	1.0				1.0					系定必修(Departmental Required Courses)	
膳食計畫(Diet planning & management)	必(R)	1.0				1.0					系定必修(Departmental Required Courses)	
膳食計畫實驗(Diet planning & management laboratory)	必(R)	1.0				1.0					系定必修(Departmental Required Courses)	
營養學(三)(Nutrition (III))	必(R)	2.0				2.0					系定必修(Departmental Required Courses)	
營養學實驗(Nutrition laboratory)	必(R)	1.0				1.0					系定必修(Departmental Required Courses)	
生命期營養學(Nutrition in life cycle)	必(R)	2.0					2.0				系定必修(Departmental Required Courses)	
食品化學(Food chemistry)	必(R)	3.0					3.0				系定必修(Departmental Required Courses)	
團體膳食管理(Quantity meal management)	必(R)	2.0					2.0				系定必修(Departmental Required Courses)	
團體膳食管理實驗(Quantity meal management laboratory)	必(R)	1.0					1.0				系定必修(Departmental Required Courses)	
膳食療養學(Therapeutic nutrition)	必(R)	3.0					3.0				系定必修(Departmental Required Courses)	
膳食療養學實驗(Therapeutic nutrition laboratory)	必(R)	1.0					1.0				系定必修(Departmental Required Courses)	
營養生化(Nutritional biochemistry)	必(R)	2.0					2.0				系定必修(Departmental Required Courses)	
食品衛生與安全(一)(Food Hygiene & Safety(I))	必(R)	2.0						2.0			系定必修(Departmental Required Courses)	
微生物學及免疫學(D)(Microbiology & immunology (D))	必(R)	2.0						2.0			系定必修(Departmental Required Courses)	
膳食療養學(Therapeutic nutrition)	必(R)	3.0						3.0			系定必修(Departmental Required Courses)	
膳食療養學實驗(Therapeutic nutrition laboratory)	必(R)	1.0						1.0			系定必修(Departmental Required Courses)	
營養生化(Nutritional biochemistry)	必(R)	2.0						2.0			系定必修(Departmental Required Courses)	
營養評估(Assessment of nutritional status)	必(R)	2.0						2.0			系定必修(Departmental Required Courses)	
公共衛生營養(Public health nutrition)	必(R)	2.0							2.0		系定必修(Departmental Required Courses)	
食品衛生與安全(二)(Food Hygiene & Safety(II))	必(R)	2.0							2.0		系定必修(Departmental Required Courses)	
專題討論(一)(Seminar(I))	必(R)	1.0							1.0		系定必修(Departmental Required Courses)	採全英語授課

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			上	下	上	下	上	下	上	下		
			1	2	1	2	1	2	1	2		
營養學新知(New trends in nutrition)	必(R)	1.0							1.0		系定必修(Departmental Required Courses)	
中醫營養學(Nutrition in Chinese medicine)	必(R)	2.0							2.0		系定必修(Departmental Required Courses)	
專題討論(二)(Seminar (II))	必(R)	1.0							1.0		系定必修(Departmental Required Courses)	採全英語授課
合計 必修 總學分(Requirement subtotal)		72.0	5.0	6.0	13.0	13.0	14.0	12.0	6.0	3.0		

校內注意事項

113學年度入學生畢業學分認定表備註：

- 一、畢業前必須通過英文鑑定，方能畢業。相關規定依本校「學生英文能力鑑定實施辦法」辦理。
- 二、體育課一年級為必修，每學期0學分，不及格不得畢業。大學部二年級以上為選修，每學期一學分。
- 三、國防軍事訓練改為選修，每週上課2小時為1學分，成績及格者，83年次以前同學以每8堂課折算1日役期(1門課折抵4日役期，2門課折抵9日役期，以此類推)。83年次以後同學每門課折抵2日訓期。
- 四、通識教育課程分為正式課程及通識教育活動：
 - (一)正式課程：必修28學分
 1. 英文必修4學分
英文課程採分級制，分級以大學指考及學測成績為依據，分級結果於選課前公告。如達該學系英文畢業檢定標準，經所屬學系審核通過，得免修英文4學分，相關細則依「中國醫藥大學英文暨英語聽講必修課程免修學分實施要點」規定辦理。
 2. 資訊相關課程 (2學分)
 3. 服務學習課程 (1學分)
 4. 通識課程 (21學分)
 - (1) 核心通識課程：至少修習10學分，五大類中至少任選三大類。
 - A. 語文類：國文、英文進階課程及第二外語課程等。
 - B. 人文藝術類：文學藝術類、歷史文明類等。
 - C. 社會科學類：法政類；社會、心理、人類、教育、性別研究類；管理、經濟類等。
 - D. 自然科學類：基礎科學類；生命科學類；應用科學類；科學技術類等。
 - E. 運動知能類：如運動心理學、運動生理學、國際賽事分析與博奕事業、運動與健康的學理探討等學術類課程。如屬該學系之必選修課程者，將設限不得認列為通識學分。
 - (2) 跨學院通識課程：至少須修習跨學院課程4學分。
 - (二) 通識教育活動：0學分，學生須於在學期間參與至少16小時通識教育中心所認定之演講與校外所舉辦之展演活動；成績以通過/不通過計分。相關細則依「通識教育活動實施要點」規定辦理。
- 五、服務學習時數：需修習通識必修1學分(可認列18小時服務學習課程)(醫學系、中醫學系另於下學期開設系上必修1學分)之服務學習課程，以及6小時志願服務基礎教育訓練、6小時服務學習講座參與、18小時志工服務(不含服務學習講座)，共計需完成48小時之服務學習時數，始符合畢業資格。
※志願服務基礎訓練由學務處服務學習中心舉辦(另行公告)，其他未盡事宜請詳閱「服務學習課程實施要點」(學務處服務學習中心網頁)。
- 六、畢業前必須參加校內舉辦之基礎心肺復甦術訓練，方具畢業資格。相關規定依本校「學生基礎心肺復甦術訓練實施要點」辦理。
- 七、本學分表做為畢業學分認定之依據。

Note of CMU

For students enrolled in the fall semester of 2024:

1. According to the regulation of CMU Students' English Proficiency Assessment, Students must pass the minimal English Proficiency Requirement before graduation.
2. Taking Physical Education Course is compulsory for first year students (0 credits), students must pass to graduate. For second year or above, Physical Education is elective with 1 credit per semester.
3. Defense Education Military Training Course is elective, with 2 hours per week (1 credit).
4. General education courses consist of formal courses and general education activities:
 - (1) Formal courses: 28 required credits
 - i. English (4 credits): A level-based class grouping system is adopted based on students' score of the entrance examination. Students who meet the department's English graduation standard and are approved by the department can be exempted from the course.
 - ii. Technology Information-related courses (2 credits)
 - iii. Service learning courses (1 credit)
 - iv. General education courses (21 credits)

Core general education courses: Minimum of 10 credits, with at least three of the five categories. (Language, Humanities and arts, Social sciences, Natural sciences, Sports)

Cross-college general education courses: Minimum of 4 credits.
 - (2) General education activities: 0 credits. Students must participate in at least 16 hours of activities held by the General Education Center, scores will be marked as pass/fail.
5. Service learning hours: 1 credit of compulsory general education (can be listed in 18 hours of service learning courses) (School of Medicine and Chinese Medicine will offer 1 credit of compulsory course in the 2nd semester), 6 hours of voluntary service basic training, 6 hours participation service-learning lectures, and 18 hours of volunteer service. A total of 48 hours is required to be eligible for graduation.
※ Voluntary service basic training will be held by the Office of Student Affairs (to be announced).
6. Students must participate in the basic cardiopulmonary resuscitation training held by the university before graduation.
7. This list is used as the recognition basis of courses and credits required for graduation

營養學系注意事項

- 一、教育目標：(1)培育具營養專業之人才(2)培育營養師:臨床營養師、社區營養師和團膳營養師(3)培育具食品暨保健營養專業之人才(4)培育能融合基礎中醫藥知識於營養應用之人才。
- 二、113學年度入學新生實施，本系四年制，最低畢業學分為131學分，含必修72學分、通識課程28學分及選修31學分（需有6學分為本系開之學分），必、選修課程需依本系規定及成績均需及格，始得畢業。
- 三、營養實習：選修課程，符合實習資格者配合公告時程提交實習申請表，甄選合格後始同意實習。學分採計依營養師考試規則之實習認定標準核定。

Note of Department of Nutrition

- 1.Educational goals: (1)Cultivate nutrition professionals (2) Cultivate dietitians: clinical dietitians, community dietitians and meal dietitians (3)Cultivate professionals in food and health nutrition (4)Cultivate talents capable of integrating Chinese and Western medicine in nutrition specialty and application.
- 2.Freshmen admitted in the 113 academic year should be noted that the study year of this program is 4 years. Minimum graduation credits are 131 credits, including 72 credits of compulsory courses, 25 credits of general education courses, and 31 credits of elective courses (6 credits must be taken from courses offered by Department of Nutrition).Students must complete the compulsory and elective courses in accordance with the regulations of the department and pass all the courses to graduate.
- 3.Nutrition Internship: Elective course. Students who meet the internship qualifications need to submit the application accordance with the announced schedule. Students may start the internship if meet the selection criterion.
The credits are calculated according to the internship identification standard of the dietitian examination.

單位主管簽章：

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			上	下	上	下	上	下	上	下		
			1	2	1	2	1	2	1	2		
生活營養(Living nutrition)	選(E)	1.0	1.0								系定選修(Departmental Elective Courses)	
普通化學實驗(B)(Chemistry laboratory (B))	選(E)	1.0	1.0								系定選修(Departmental Elective Courses)	
營養暨食品科學概論(Introduction to nutrition & food science)	選(E)	2.0	2.0								系定選修(Departmental Elective Courses)	
生物學實驗(B)(Biology Laboratory(B))	選(E)	1.0		1.0							系定選修(Departmental Elective Courses)	
微積分(一)(Calculus (I))	選(E)	2.0		2.0							系定選修(Departmental Elective Courses)	
營養暨食品科學概論(Introduction to nutrition & food science)	選(E)	2.0		2.0							系定選修(Departmental Elective Courses)	
營養與烹調(Nutrition & cooking)	選(E)	2.0		2.0							系定選修(Departmental Elective Courses)	
中式烹調(Chinese basic cookery practice)	選(E)	2.0			2.0						系定選修(Departmental Elective Courses)	
生物統計學實習(Biostatistics practice)	選(E)	1.0			1.0						系定選修(Departmental Elective Courses)	
食品科技概論(Introduction to food science technology)	選(E)	2.0			2.0						系定選修(Departmental Elective Courses)	
食品添加物(Food additives)	選(E)	2.0			2.0						系定選修(Departmental Elective Courses)	
解剖學(Anatomy)	選(E)	2.0			2.0						系定選修(Departmental Elective Courses)	
冷凍食品學(Frozen food)	選(E)	2.0				2.0					系定選修(Departmental Elective Courses)	
走入社區，推巧食(Engaging with the Community: Promoting Healthy Diet)	選(E)	1.0				1.0					自由選修(Free Electives)	
食品加工學(Food processing)	選(E)	2.0				2.0					系定選修(Departmental Elective Courses)	
食品加工學實驗(Food processing laboratory)	選(E)	1.0				1.0					系定選修(Departmental Elective Courses)	
植物化學因子導論(Introduction of phytochemicals)	選(E)	1.0				1.0					系定選修(Departmental Elective Courses)	
營養文獻導讀(Introduction to literature study in nutrition)	選(E)	2.0				2.0					系定選修(Departmental Elective Courses)	EMI課程(EMI COURSE)
營養實習-基礎(Dietetic internship - basic)	選(E)	1.0				1.0					系定選修(Departmental Elective Courses)	營養實習必修科目
營養與心理學(Nutrition and psychology)	選(E)	2.0				2.0					系定選修(Departmental Elective Courses)	
生活中藥(Chinese medicine in daily)	選(E)	2.0					2.0				系定選修(Departmental Elective Courses)	
老人營養(Nutrition in aging)	選(E)	2.0					2.0				系定選修(Departmental Elective Courses)	
機能性食品(Functional foods)	選(E)	2.0					2.0				系定選修(Departmental Elective Courses)	
營養毒理概論(Introduction to nutritional toxicology)	選(E)	2.0					2.0				系定選修(Departmental Elective Courses)	
體重控制學(Weight control)	選(E)	2.0					2.0				系定選修(Departmental Elective Courses)	
人工智慧科技於營養實務應用(Applications of Artificial Intelligence Technology in Nutrition Practice)	選(E)	2.0						2.0			系定選修(Departmental Elective Courses)	
中醫營養食療(Chinese medicated & nutritional diet)	選(E)	2.0						2.0			系定選修(Departmental Elective Courses)	
台語說營養(Nutrition in Taiwanese)	選(E)	1.0						1.0			系定選修(Departmental Elective Courses)	
長期照護營養實務操作(Practical approaches of nutrition therapy for long term care)	選(E)	2.0						2.0			系定選修(Departmental Elective Courses)	
食品分析(Food analysis)	選(E)	2.0						2.0			系定選修(Departmental Elective Courses)	
食品分析實驗(Food analysis laboratory)	選(E)	1.0						1.0			系定選修(Departmental Elective Courses)	
運動營養學(Sports nutrition)	選(E)	2.0						2.0			系定選修(Departmental Elective Courses)	
實證營養概論(Introduction to evidence-based nutrition)	選(E)	1.0						1.0			系定選修(Departmental Elective Courses)	
營養諮商技巧(Nutrition counseling skills)	選(E)	1.0						1.0			系定選修(Departmental Elective Courses)	
臨床營養學(Clinical nutrition)	選(E)	2.0						2.0			系定選修(Departmental Elective Courses)	
食物與癌症(Food, nutrition & cancer)	選(E)	2.0							2.0		系定選修(Departmental Elective Courses)	
食品安全風險管理(Food safety risk management)	選(E)	2.0							2.0		系定選修(Departmental Elective Courses)	

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病理學概論(Introduction of pathology)	選(E)	2.0								2.0	系定選修(Departmental Elective Courses)	
益生菌與保健(Probiotics & health care)	選(E)	1.0								1.0	系定選修(Departmental Elective Courses)	
專題研究(Nutrition research)	選(E)	1.0								1.0	系定選修(Departmental Elective Courses)	
營養基因學(Introductory nutrigenomics & nutrigenetics)	選(E)	2.0								2.0	系定選修(Departmental Elective Courses)	
營養與免疫(Nutrition and immunology)	選(E)	2.0								2.0	系定選修(Departmental Elective Courses)	
企業見習(Enterprise intership)	選(E)	2.0								2.0	系定選修(Departmental Elective Courses)	
社區營養專論(Specialized on Community Nutrition)	選(E)	1.0								1.0	系定選修(Departmental Elective Courses)	
食品微生物學(Food microbiology)	選(E)	2.0								2.0	系定選修(Departmental Elective Courses)	
食品微生物學實驗(Food microbiology laboratory)	選(E)	1.0								1.0	系定選修(Departmental Elective Courses)	
素食營養(Vegetarian nutrition)	選(E)	1.0								1.0	系定選修(Departmental Elective Courses)	
專題研究(Nutrition research)	選(E)	1.0								1.0	系定選修(Departmental Elective Courses)	
營養實習-社區營養(Dietetic internship community nutrition)	選(E)	1.0								1.0	系定選修(Departmental Elective Courses)	由指導教師安排
營養實習-膳食管理(Dietetic internship -diet management)	選(E)	2.0								2.0	系定選修(Departmental Elective Courses)	由指導教師安排
營養實習-臨床營養(Dietetic internship clinical nutrition)	選(E)	3.0								3.0	系定選修(Departmental Elective Courses)	由指導教師安排
合計 選修 總學分(Elective subtotal)		84.0	4.0	7.0	9.0	12.0	10.0	16.0	12.0	14.0		

校內注意事項

113學年度入學生畢業學分認定表備註：

- 一、畢業前必須通過英文鑑定，方能畢業。相關規定依本校「學生英文能力鑑定實施辦法」辦理。
- 二、體育課一年級為必修，每學期0學分，不及格不得畢業。大學部二年級以上為選修，每學期一學分。
- 三、國防軍事訓練改為選修，每週上課2小時為1學分，成績及格者，83年次以前同學以每8堂課折算1日役期(1門課折抵4日役期，2門課折抵9日役期，以此類推)。83年次以後同學每門課折抵2日訓期。
- 四、通識教育課程分為正式課程及通識教育活動：
 - (一)正式課程：必修28學分
 1. 英文必修4學分
英文課程採分級制，分級以大學指考及學測成績為依據，分級結果於選課前公告。如達該學系英文畢業檢定標準，經所屬學系審核通過，得免修英文4學分，相關細則依「中國醫藥大學英文暨英語聽講必修課程免修學分實施要點」規定辦理。
 2. 資訊相關課程(2學分)
 3. 服務學習課程(1學分)
 4. 通識課程(21學分)
 - (1) 核心通識課程：至少修習10學分，五大類中至少任選三大類。
 - A. 語文類：國文、英文進階課程及第二外語課程等。
 - B. 人文藝術類：文學藝術類、歷史文明類等。
 - C. 社會科學類：法政類；社會、心理、人類、教育、性別研究類；管理、經濟類等。
 - D. 自然科學類：基礎科學類；生命科學類；應用科學類；科學技術類等。
 - E. 運動知能類：如運動心理學、運動生理學、國際賽事分析與博奕事業、運動與健康的學理探討等學術類課程。如屬該學系之必選修課程者，將設限不得認列為通識學分。
 - (2) 跨學院通識課程：至少須修習跨學院課程4學分。
 - (二) 通識教育活動：0學分，學生須於在學期間參與至少16小時通識教育中心所認定之演講與校外所舉辦之展演活動；成績以通過/不通過計分。相關細則依「通識教育活動實施要點」規定辦理。

Note of CMU

For students enrolled in the fall semester of 2024:

1. According to the regulation of CMU Students' English Proficiency Assessment, Students must pass the minimal English Proficiency Requirement before graduation.
2. Taking Physical Education Course is compulsory for first year students (0 credits), students must pass to graduate. For second year or above, Physical Education is elective with 1 credit per semester.
3. Defense Education Military Training Course is elective, with 2 hours per week (1 credit).
4. General education courses consist of formal courses and general education activities:
 - (1) Formal courses: 28 required credits
 - i. English (4 credits): A level-based class grouping system is adopted based on students' score of the entrance examination. Students who meet the department's English graduation standard and are approved by the department can be exempted from the course.
 - ii. Technology Information-related courses (2 credits)
 - iii. Service learning courses (1 credit)
 - iv. General education courses (21 credits)
Core general education courses: Minimum of 10 credits, with at least three of the five categories. (Language, Humanities and arts, Social sciences, Natural sciences, Sports)
Cross-college general education courses: Minimum of 4 credits.
 - (2) General education activities: 0 credits. Students must participate in at least 16 hours of activities held by the General Education Center, scores will be marked as pass/fail.
5. Service learning hours: 1 credit of compulsory general education (can be listed in 18 hours of service learning courses) (School of Medicine and Chinese Medicine will offer 1 credit of compulsory course in the 2nd semester), 6 hours of voluntary service basic training, 6 hours participation service-learning lectures, and 18 hours of volunteer service. A total of 48 hours is required to be eligible for graduation.
※ Voluntary service basic training will be held by the Office of Student Affairs (to be announced).

五、服務學習時數：需修習通識必修1學分（可認列18小時服務學習課程）（醫學系、中醫學系另於下學期開設系上必修1學分）之服務學習課程，以及6小時志願服務基礎教育訓練、6小時服務學習講座參與、18小時志工服務（不含服務學習講座），共計需完成48小時之服務學習時數，始符合畢業資格。

※志願服務基礎訓練由學務處服務學習中心舉辦（另行公告），其他未盡事宜請詳閱「服務學習課程實施要點」（學務處服務學習中心網頁）。

六、畢業前必須參加校內舉辦之基礎心肺復甦術訓練，方具畢業資格。相關規定依本校「學生基礎心肺復甦術訓練實施要點」辦理。

七、本學分表做為畢業學分認定之依據。

營養學系注意事項

一、教育目標：(1)培育具營養專業之人才(2)培育營養師:臨床營養師、社區營養師和團膳營養師(3)培育具食品暨保健營養專業之人才(4)培育能融合基礎中醫藥知識於營養應用之人才。

二、113學年度入學新生實施，本系四年制，最低畢業學分為131學分，含必修72學分、通識課程28學分及選修31學分（需有6學分為本系開之學分），必、選修課程需依本系規定及成績均需及格，始得畢業。

三、營養實習：選修課程，符合實習資格者配合公告時程提交實習申請表，甄選合格後始同意實習。學分採計依營養師考試規則之實習認定標準核定。

6.Students must participate in the basic cardiopulmonary resuscitation training held by the university before graduation.

7.This list is used as the recognition basis of courses and credits required for graduation

Note of Department of Nutrition

1.Educational goals: (1)Cultivate nutrition professionals (2) Cultivate dietitians: clinical dietitians, community dietitians and meal dietitians (3)Cultivate professionals in food and health nutrition (4)Cultivate talents capable of integrating Chinese and Western medicine in nutrition specialty and application.

2.Freshmen admitted in the 113 academic year should be noted that the study year of this program is 4 years. Minimum graduation credits are 131 credits, including 72 credits of compulsory courses, 25 credits of general education courses, and 31 credits of elective courses (6 credits must be taken from courses offered by Department of Nutrition).Students must complete the compulsory and elective courses in accordance with the regulations of the department and pass all the courses to graduate.

3.Nutrition Internship: Elective course. Students who meet the internship qualifications need to submit the application accordance with the announced schedule. Students may start the internship if meet the selection criterion.

The credits are calculated according to the internship identification standard of the dietitian examination.

單位主管簽章：